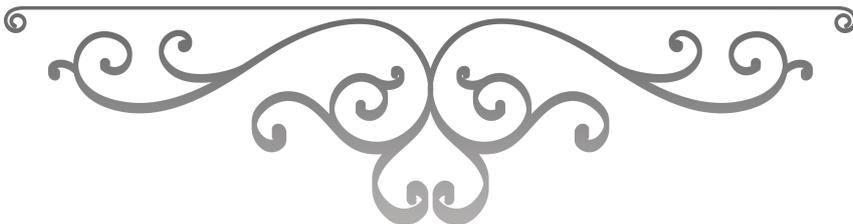


LIFE OF LUXE



Likeability . Luxury . Lift

*Because everyone deserves a little luxury
and the personal touch*

Opening Times:

Mon: 9-5pm
Tue: 9-6pm
Wed: 9-6pm
Thu: 9-8pm
Fri: 9-7pm
Sat: 8.30-5.30pm
Sun: 10-4pm

Free Parking:

Battlers Green Farm,
Common Lane,
Radlett,
WD7 8PH

01923 858052
<https://LifeOfLuxe.net/>

Cuts	Stylist	Senior	Master	Director	Manager
Cut & Finish	40	48	55	62	68
Restyle	-	58	65	72	78
Wet Cut	25	40	45	52	53
Gents	-	30	35	40	44

Restyle: includes extra consultation & adjustment time

Styling	Stylist	Senior	Master	Director	Manager
Style & Go	15	15	15	15	20
Walkin BlowDry	20	20	20	20	25
Short Blowdry	23	26	30	32	34
Long Blowdry	25	28	32	34	36
Glam Blowdry	29	32	35	37	39
Extension Uplift	6	6	6	6	6
Quick braid	15	20	15	15	-
Hair Up	40	44	48	50	50
Hair Up Consult	25	25	35	35	35

Courses: Available for Cut & Finishes and Blow Dries

Glam: extra time for that BIG glamorous blow dry.

Walk In Blow Dry: a spontaneous Blow Dry treat! We can't guarantee a particular stylist and they cant be pre-booked, but we always endeavour to have you in the chair within 15mins.

Style&Go: perfect for if you struggle to style your hair, but you are happy to wash at home. Will not provide the volume of a full blow dry.

Children	Stylist/Senior Only
Babies (Not Weekends)	10
Quick Trim (Not Weekends)	15
Restyle/Cut & Finish Girl/Boy	25/20
Blow Dry	20
Quick Braid	15
11-16 yrs (Secondary school)	25% Off
Student 16+	15% Off

We do not colour children under the age of 16

Hair Extensions	From
Cinderella	On Quotation
Great Lengths	On Quotation

Weddings	All
Consultation & Trial	60
Wedding Day in Private Room	80
1/2 Wedding Day onsite 4hrs	400
Full Wedding Day onsite 7hrs	600
Preparation Package Discount	10%

1st Apts requires a patch test 48hrs prior.

+ Olaplex in any colour to protect the hair for £25

Colour	Colourist	Technician	Specialist	Manager
	from	from	from	from
Full Head Tint	44	52	58	63
Regrowth Tint	34	42	48	63
Regrowth Parting Only	22	26	32	34
Toner	20	20	20	25
Mens Grey	20	25	30	32

+ Specialist Colour Upgrade £7 - Illumina / Innocence / EOS / Magma / Colour Fresh Create

Highlights	Colourist	Technician	Specialist	Manager
	from	from	from	from
T Section	30	45	60	82
1/2 Head Short	40	65	80	103
1/2 Head Long	50	75	90	132
Full Head Short	70	95	115	132
Full Head Long	90	115	125	162

Bleach & Tone

First Time	-	75	95	105
Roots	-	55	70	90
Plus Specialist colour		+ 25	+ 25	+ 25

Specialist

Ombre/Balayage	-	95	95	99
Colour Correction	-	POA	POA	POA
Book for a free Consultation				

+ Toner to any colour for £15

Smoothing

From

CocoChocco	
Short	150
Medium	190
Long	225

Smoothing & Straightening treatments require a consultation. The price depends on the length and thickness of the hair.

Straightening

From

Wella Straighten It	
Short	75
Medium	125
Long	200

Smoothing is a 'defrizzing' treatment that enables you to still have your natural curl and lasts 2-5 months .

Straightening is a permanent change to the hair, that grows out.

Treatments

Here at Life of Luxe we are lucky to be able to offer an extensive range of treatments which can cover a wide range of issues. Whether you are looking to improve the hair for your glam blow dry, enhance the colour, or start your hair on the road to recovery, we have the perfect solution for you.

Treatments range from just £5 to an hour of complete luxury.

System Professional

All

Express Deluxe	5
The Colour Lock	8
The Deluxe	10
The Super Blow	13
Reborn	20

Oribe

All

The Glaze	7.50
Gold Lust Pre-Shampoo	12.50
Gold Lust Mask	15.50

Olaplex

Olaplex/Olaplex added to colour	35/25
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Nails

	Therapist	Senior
MANICURES		
File & Paint	16	18
Full	27	29
Luxury/Paraffin	36	40
PEDICURES		
File & Paint	18	20
File, Paint & Scrub	26	28
Full	35	38
Luxury/Paraffin Wax	45	47
GEL NAILS		
Acrylics Full Set	-	38
Acrylics In Fills	-	30
Dipping Powder	-	30
Fibre Glass / Silk Wrap	-	27
Progel Full Set	30	31
Progel Full Set + Soak Off	35	37
Biosculpture	40	41
Progel/Bio Soak off + Condition	12	12
Additional Mani / Pedi	7 / 15	9 / 16
NAIL EXTRAS		
IBX treatment initial/follow on	15 / 10	16 / 11
Nail Art per nail/full hand	1/5	1/5
French Polish Uplift	4	4
Metallic/Mermaid Uplift	5	5
Nail Repair	4	4
Little Child mani/pedi	8	8

Tanning

Skinny Tan	25	25
Skinny Express 3hr	27	27

Eyes & Tints

	Therapist	Senior
Patch test required.		
Individual Classic Lashes	-	60
Classic Infills 30mins	-	30
Russian Volume Lashes	-	80
Russian Infills	-	50
Lash Removal	-	15
Lash Lift	53	55
Henna Brows & Shape	-	32
Brow Tint	14	16
Lash Tint	17	18
Brow and Lash Tint	23	25
Brow Reshape & Tint	23	24
Brow Reshape, Tint & Lash Tint	33	34

Hair Removal

	Therapist	Senior
BODY WAXING		
1/2 arm	15	16
1/2 Leg	19	20
3/4 Leg	23	24
Full Arm	20	22
Full Leg	27	28
Hot wax is used for delicate & facial waxing, for greater precision & gentleness		
DELICATE WAXING		
Under Arm	12	13
Bikini	16	17
Bikini added to Leg	12	13
Extended Bikini	20	23
Brazilian	30	33
Hollywood	30	33
FACIAL (Thread/Wax)		
Nose inside (wax only)	9	10
Lip or Chin	9	10
Lip and Chin	15	16
Brow Reshape	12	13
Lip & Chin & Brow Reshape	21	22
Face (Cheeks, chin & lip)	18	19
Electrolysis per min		£1
Gents		
Manicure	15	16
Pedicure	20	22
Wax back/chest	20	22
Wax back, chest & upper arm	40	41

Makeup

	All
Quick & Fresh (10 min)	10
Natural (30 min)	20
Full Day/Evening (60 min)	37
Discovery Consult (30mins)	20/Free

Ear Piercing

	28
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Weddings

	All
Consultation & Trial	45
Wedding Day in Private Room	80
1/2 Wedding Day onsite 4hrs	400
Full Wedding Day onsite 7hrs	600
Preparation Package Discount	10%

So which facial is the right one for you?

Why not start with a Free Luxe Facial Mapping consultation with one of our skin specialists to discuss your concerns, lifestyle and ideal results. We have something for everyone!

Hands On Facials

Quartz Spa Crystal - beautiful relaxing and natural facial

Crystal Clear - combine the relaxation of a hands on facial with the effectiveness of crystal clear products.

Yoga Facials - organic and natural facials to nurture and heal your skin and improve muscle tone

Electrical facials

Microdermabrasion - Crystal Clear - a fast and effective way improving the surface of the skin

Non-surgical face lift - Icon Ultralift - lift the muscles of the face to regain your youthfulness

Environ - using the magical power of Retinols & Vitamin A to transform your skin from

Advanced Services

Semi-Permanent Makeup - Brows, Lip liner and beauty spots

Injectibles: Botox and Fillers - with our in house specialists to ensure the best & safest possible results

Micro-needling - for a stronger lift and strong skin pigmentation or acne scarring (See Environ)

Peels - for faster skin transformations (See Environ)

Hands On Facials

Luxe Facial Mapping Consultation (15 mins) - An in-depth professional consultation carried out by one of our skincare specialists. Your skin will be analysed zone by zone giving you answers to your skin concerns, You will be given a specific treatment regime and home care plan to achieve optimum results.	Free
Quartz Spa Crystal Facial (45 mins) - A relaxing face, neck & decolletage experience using rose quartz palm stones and our beautiful calm face, body & massage oil. Incorporating pressure points to release tension, the micro circulation in the face is boosted & lymphatic drainage is improved.	50 / 55
Crystal Clear Intense Anti-Ageing Facial (60 mins) - The effective intensive treatment breathes life back into your complexion. It is the perfect choice to improve sun-damaged, dehydrated & ageing skin types, but also acts as a preventative for the younger guests. A total treatment for eyes, face & neck.	55 / 60
Crystal Clear Brightening (50 mins) - This repairing facial is designed for skin that needs that little bit more, bringing back clarity, firmness and hydration. Results are obvious after the first treatment, the skin is firmer smoother and more rejuvenated.	50 / 55
Crystal Clear Problem Solving (45 mins) - for oily, combination, congested, open pores and acne prone skin. This unique acne treatment acts on the alpha redactor enzyme to reduce the excess sebum associated with acne prone skin. The active ingredients used, help to reduce the inflammation and diminish bacteria to improve the acne condition.	40 / 45
Crystal Clear Intense Eye Treatment (30 mins) - A fantastic eye treatment with visible results. An ideal treatment to lift, smooth and hydrate the fine delicate skin around the eyes creating a look that is noticeably younger and fresher. A great add-on to other facials.	25 / 30
Crystal Clear Prescription (30 mins) - An express tailored option for those who are lacking in time, but don't want their skin to suffer.	40 / 45
Crystal Clear Male Defence (60 mins) - Special care is an essential necessity when treating male skin. Daily shaving can strip the skin of its natural oils, leading to dryness, sensitivity and premature ageing. This intensive treatment replenishes lost moisture and gives the skin a refined boost.	55 / 60
Mini Facial for Little Girls (15 mins) - a mini Quartz spa facial treat for those little ones who love to be pampered.	10
Organic Yoga Facials - Available from our specialist Boon Fitness, who also provides facial yoga classes	From 90

Courses:

Packs of 3, 6 & 12 sessions are provided for all services where we recommend more than 1 for long lasting results.

Crystal Clear is the original Microdermabrasion system loved by celebrities world wide due to it's incredible, reliable and repeatable results.

By gentle exfoliating the skin with Aluminium Oxide Crystals, microdermabrasion can be used to solve a wide range of skin conditions on the face and body. Rejuvenating, smoothing lines & wrinkles and brightening dull, dehydrated skin and tackling blackheads & pores. It's also very effective for reducing acne scarring & pigmentation caused by sun damage.

Microdermabrasion Facials

All

Crystal Clear Luxe (75 mins) - The ultimate in luxury skin rejuvenation. Starting with a mini massage, then a full facial microdermabrasion treatment and ending with an additional moisture hit. Good for dull, dry or dehydrated skin.	65 / 70
Classic (40 mins) - Skin is expertly cleansed, microdermabrasion tackles lines wrinkles, pores, blackheads & dull skin. Also effective for reducing acne scarring & pigmentation caused by skin damage. Our mini lift mask is then applied to hydrate & firm the skin with noticeable differences after just one treatment.	50 / 55
Bright Eyes (30 mins) - Target fine lines & wrinkles around the delicate eye area, leaving you looking fresher and more awake. Skin is cleansed & microdermabrasion is focused around the eye area & forehead, then our wrinkle & erase pads are applied to thoroughly lift & hydrate.	30 / 35
Back Shine (30 mins) - A deep cleansing treatment, ideal for clearing blocked pores & improving skin texture	30 / 35
Hand and foot rejuvenation (30 mins) - Polish and buff away dry, rough skin on the hands and feet, the perfect addition to a manicure or pedicure.	25 / 30

Courses:

Packs of 3, 6 & 12 sessions are provided for all services where we recommend more than 1 for long lasting results.

Deemed the 'non-surgical facelift', the Icon Ultralift lifts the muscles in your face, plumps your skin, reduces even deep wrinkles and turns back the years!

Do you have lines going from your nose to your lips, forehead lines, frown lines and crow's feet, drooping eyelids, saggy jowls? Then these treatments are for you! Similar to Caci, it is a micro current machine, but you don't need to give up the comfort and enjoyment of a facial to get the results, so it is a win, win!

Added to this is the No-needle mesotherapy. This revolutionary treatment means that we can transdermally deliver clinically graded serums and Hyraulonic acid deep into the dermal tissues (where new skin cells are formed). This means results WITHOUT Botox or Fillers!

A visible difference is evident after the first session, however, to achieve optimum results, we recommend a course of 6 or 12 intensive treatments, followed by a monthly maintenance programme. Results for each guest will vary depending on frequency of treatments, your skin condition, diet and home care regime.

Microcurrent Facials

All

Mesotherapy Upgrade - Add mesotherapy to your facial to power boost the results, especially on frown lines, lips and around the eyes.	12
Ultimate Ultralift (75 mins) - This classic facial for fast, dramatic results, stimulates circulation, eliminates toxins & restores muscle tone. Your whole face will look smoother, with a healthier skin tone and noticeable lift.	70 / 75
Refine & Lift (45 mins) - Skin resurfacing & gentle face lift. Removes dead skin cells, reducing the appearance of blemishes, open pores, fine lines & wrinkles, followed by a general lift.	45 / 50
Power Purifying (45 mins) - A deep cleansing and purifying treatment suitable for oily, combination and congested skin types. Clarifies, rebalances and visibly improves skin texture.	45 / 50
Deep Hydrating (45 mins) - Targets dry, mature and sun-damaged skin to restore and replenish moisture levels. Relaxing treatment with hydrating and nourishing effects to leave your skin perfectly smooth and beautifully balanced.	45 / 50
Cheek & Jowel (30 mins) - Targets the lower face, stimulating circulation, removing fluid retention and restoring muscle tone, helping to lift and tighten the cheek, jowl & chin areas to promote a more defined, sculptured jawline and overall youthful glow. Recommended for guests who have Botox/dermal fillers in the upper face area to strengthen the lower facial muscles.	35 / 40
Eye & Brow Lift (60 mins) - Transforms and revitalises tired looking eyes. Lifting and toning to reduce the appearance of dark circles, puffiness, crows' feet and wrinkles.	35 / 40
Lip Plumping (30 mins) - Naturally enhancing treatment to plump the lips and reduce the appearance of fine lines and wrinkles, resulting in more prominent softer and fuller lips.	35 / 40

Courses:

Packs of 3, 6 & 12 sessions are provided for all services where we recommend more than 1 for long lasting results.

Feed, Fortify, Finish - Using the power of Retinols & Vitamin A and the philosophy of Environ, Advanced Nutrition and Jane Iredale gives you the power to choose how fast and how much improvement you would love in your skin.

Environ Skin Analysis £20/£0 - A specialist machine to give you a deeper insight into your skin & help you decide on your priorities and monitor your progress. Free with any purchase.

Environ Skincare Range - The secret to this range is that it is progressive; it keeps improving you to the next level using it's 'Step up system'. You aren't just stopping future damage & healing, you are turning back the clock!

Advanced Nutrition Program - Heal your skin from the inside out, with these amazingly pure and strong supplements. Add these to your skincare routine to create more dramatic improvements.

Jane Iredale Makeup - Heal your skin all day long with the purest mineral makeup on the market. So good that it's recommended by the Skin Cancer Association and you can even sleep in it!

Environ Facials - Boost your improvements by adding results driven treatments combining active vitamins, anti oxidants & advanced technology. The galvanic & faradic wavelengths push the products 1000% times deeper.

Environ Cool Peel - Ideal for clients with photo-damage, problem skin and excessive redness. The strength of the peel can be varied, so it is bespoke for your skin and uses levels of lactic acid which achieve gentle but measurable results.

Collagen Stimulation Therapy - harnesses your body's natural powers of healing to tighten skin and achieve incredible results. The body responds to CST in the same way it would react to an injury. The small amount of bleeding caused during this painless treatment releases powerful growth factors which are part of a natural healing response, resulting in increased collagen and elastin production. It is especially effective for addressing the visible signs of ageing as well as sun damage, scarring, slackened skin, stretch marks, uneven skin tone and dilated blood vessels. Collagen Stimulation Therapy can be done on all areas of the face and body and is suitable for all skin types. Each client has their own roller, the price of which is included in the course.

Environ Facials

All

Non-Surgical Face Lift Upgrade (15mins) - add the power of muscle lifting to the skin magic of an Environ facial for the best of both worlds	12
Active Vitamin Facial 1hr (3 areas) 1.5hr(10 areas) - Vitamin A, C and anti-oxidants are driven deep into the lower layers of the skin using sound waves & advance technology. Suitable for all skin types.	65-85
Collagen Power Facial (1hr or 1.5hrs) - Peptides and sound waves boost collagen, soften fine lines and tighten lax skin. Ideal for targeting mature or photo-damaged complexions.	65-85
The Frown Treatment (45mins) - Turn that frown upside down, with no injectables!	95
Hydraboost Treatment (1hr) - Dry, lacklustre skin needing intensive hydration, plumping and firming? Hyaluronic Acid helps to reduce fine lines caused by dehydration resulting in moisturised, glowing skin.	95
Precision Treatment (30 mins) - Just because your time is limited, doesn't mean your skin needs to miss out!	45
Purifying Treatment (30 mins) - Purify, micro-exfoliate and re-hydrate your skin, to treat acne, scarring and deep skin congestion.	45
Cool Peel (60mins) - Revolutionary peels without damaging the skin for stronger, deeper results with no downtime. (Consultation & patch test required)	65
Collagen Stimulation Therapy - The first treatment includes a personal roller and therefore has a different price to the 5 following treatments. This service is recommended as a course, as a minimum of 3 treatments is needed to achieve lasting results.	£200/£180

Courses:

Packs of 3, 6 & 12 sessions are provided for all services where we recommend more than 1 for long lasting results.

Luxe Semi Permanent - Our Brow And Lash Partner

Your brows have the power to make the greatest visual impact on your facial appearance – more than any other feature. With a subtle mist of colour or ultra-fine, precisely drawn strokes that mimic individual hairs, you'll have the appearance of fuller, perfectly shaped, symmetrical brows. A look that's both long-lasting and feels incredibly natural.

We offer an unprecedented number of options for you, so that your brows are perfectly designed just for you. Don't panic, you do not need to pre select your style, this will be discussed with you in more depth on the day, allowing us to give you brows you will love.

The price includes a full consultation and Facial mapping, 2 procedures, advice throughout and an aftercare gift. All pigments are hypoallergenic however we advise a patch test.

Semi-Permanent Makeup

Extra Fine Hair Strokes - Our signature brows, this uses extra fine hair-stroke technique, which looks soft and natural, with amazing definition.	250
Powder brow - Just like her signature technique it's mixed with a light dusting of colour through the strokes from the middle to the ends of the brow, creating softer fronts blending into a combination of powder (dusting) and Hairstroke which gives the brows the definition	250
Combination brow, hair-strokes & shading - Like our signature technique & Powder brow including bringing the shading up to the fronts creating a full defined brow giving definition, boldness and texture	295
The Luxe Ombre Brow - The Luxe Brow has been created by Lacey Rose Lee using her signature technique giving a very soft diluted colour starting around 20% gradient going right through to 80% blending into the arch and tails naturally, this is how a natural brow would form. This technique has lighter fronts blending to a denser, darker body. The technique is called whip shading, creating a soft, fluffy shading effect through the brow, (not your typical block brow).	325
Colour Boosts - Please note there will be no change to the shape during colour boost appointments. 3 Levels available; 50 - 100 - 150	50-150
Corrections - Had a bad experience? Tried permanent makeup before, and not got the result you wanted? We can colour-correct, lighten or improve.	POC
EyeLiner/Lips	295
Beauty Spot	70

Our Advanced Aesthetic Services and Semi-Permanent Makeup are provided by specialists with many years experience and a huge amount of passion, who have specifically focussed on these services.

Botox

Botox anti Wrinkle Injections - 1 / 2 / 3 areas	150 / 200 / 250
Eye Brow Lift	250
Gummy Smile	250
Neck Lift	220
Masseter Muscle	120
Hypergirdrosis	420
Fillers	From 350

Fillers

Dissolving	80
General 1/2/3 areas	From 350
Fillers 0.5ml/1ml	160 / 300
Cheek 1ml/2ml	250 /440
Chin Filler 1ml	300
Jaw 1ml /2ml	300 / 490
Jaw reduction	250
Nose 1ml	330
Smokers Lines 1ml	250
Tear Trough Fillers	280
Temple 1ml / 2ml	250 / 440

Quartz Spa Aromatherapy treatments are inspired by nature to help soothe & recharge. The purest ingredients and most powerful crystals are used to create effective and indulgent therapies for Mind, Body & Soul.

Each product used during treatments are infused with the pure quartz crystals for healing properties and to stimulate energy circulation.

At the beginning of your treatment, you will be led to our Luxe Lounge, where you will choose from one of the 3 signature blends. These blends represent the core principles of physical vitality & emotional equilibrium - Hope, Happiness & Energy - and each one has been meticulously created to exude, aromatically & sensually, the very essence that it's name projects.

Crystals will be used during the services according to your detailed consultation and lifestyle questionnaire and tailored to your individual needs.

After your treatment you are led back to the Luxe Lounge and offered a herbal tea of crystal infused drink and encouraged to relax and enjoy the aftermath of your treatment.

Quartz Spa Aromatherapy Treatments

**Therapist
/Senior**

<p>Luxe Lifestyle Ritual (105 mins) Need Indulgence & healing? Your body will be exfoliated, moisturised, wrapped in a heated blanket and then given a full body massage. Master healing crystals heal and recharge you on a physical & emotional level, making this a truly holistic treatment inside and out.</p>	135 / 145
<p>Crystal Massage (60 mins) Need Nurturing? Enjoy a full body massage leaving you rested and relaxed.</p>	65 / 75
<p>Back Realign & Rebalance (45 mins) Short on time? This classic Back, Neck and Shoulder massage will relieve your tension and realign & rebalance your back.</p>	50 / 55
<p>Head, Neck and Shoulder (30 mins) Wonderfully relaxing upper body treatment incorporating pressure points to release tension</p>	40 / 45
<p>Detox Wrap (50 mins) Release toxins, de-stress the mind and reinvigorate and hydrate the body, whilst helping with slimming and reducing cellulite.</p>	55 / 60
<p>Scrub (45 mins) Feeling dry & sluggish? Your whole body will be exfoliated and moisturised, leaving it soft & silky</p>	45 / 50
<p>Relaxing Mum To Be (60 mins) Perfect for your tired body, to help it relax and cope with all the 'growing' going on inside!</p>	70

Courses:

Packs of 3, 6 & 12 sessions are provided for all services where we recommend more than 1 for long lasting results.

Some clients prefer a deep tissue or swedish massage to aromatherapy. We also offer hot stone massage, chair massage.

The Far infrared cocoon is perfect for anyone who does not have the time for a full massage or doesn't enjoy massages, but their muscles still need some relaxation.

GENERAL SPA

**Therapist
/Senior**

Deep Tissue Massage - a specialised deep massage, on it's own or added onto other massages.

15mins - 30mins

25 - 50

Swedish Massage - ideal for for help with muscle soreness (doesn't include aromatherapy oils)

1/2 hr

30 / 35

3/4hr

40 / 45

1hr

55 / 60

1 1/2hr

75 / 85

Hot Stone Massage - add the healing power of stones to your massage.

1/2hr

35 / 40

3/4hr

45 / 50

1hr

60 / 65

Stress Buster Chair Massage (15 mins)

20 / 22

Far Infrared Cocoon - deeply relaxing and almost meditative, the FIR also improves circulation, thus reducing aches & pains, balancing hormones, and detoxing the body. 15 mins - 30 mins

15 - 25

Courses:

Packs of 3, 6 & 12 sessions are provided for all services where we recommend more than 1 for long lasting results.

Our revolutionary machine allows us to apply vapour to an isolated body part, making it both transformative and comfortable.

The body has a localised inflammatory response to the cold that is caused within the fat cells, also known as 'Panniculitis', in doing so the fat by-products are then naturally removed by the lymphatic system.

Cooling the skin around the face and neck, triggers deep layers of collagen into production. This smooths facial lines, reduces blemishes & wrinkles, gives a clearer & tighter appearance and improves skin conditions. Additionally, with repeated applications the body will naturally to renew its collagen.

Cooling the site of injuries delivers healing proteins, oxygen, osteoblasts & many more healing functions providing immediate pain relief and an energy boost from the endorphin release. Pains and signs of inflammation, then remain suppressed for weeks to come. As with all Cryotherapy treatments, multiple applications provide better results, as biological reactions are accumulative.

COURSES:

Packs of 6 and 12 sessions are provided for all services where we recommend more than 1 for long lasting results.

Pain Relief

All

Pain management/relief - Immediate pain relief, aids and speeds up rehabilitation, reduces inflammation, raises pain threshold levels. 40

Arthritis Treatment - Do you suffer from aches and pains associated with Arthritis? This is the treatment for you as we treat your body at the chosen area to relieve this pain. 50

Chest Infection Relief - reduce inflammation & improve blood flow to help boost the body's natural healing response. 55

Headache/Migraine Relief - numbs painful tissues, reduces muscle spasms & decreases inflammation 45

Muscle Recovery - Reduces Inflammation, swelling and muscle tension, increases muscle strength and hormone production giving fast recovery times 60

Sinus Relief - reduce the pain and inflammation of sinusitis 30

Sports Injury - Sports Recovery Treatment Reduce Inflammation and swellings, Shortened recovery time after sport injury plus much more. 40

Aesthetic

All

Body Sculpting - an alternative to liposuction & crash diets. Reduce inches & weight, burn calories, boost metabolism, detox, lift & tighten for noticeable & lasting results to permanently dissolve & destroy fat cells 90

Bum Lift - tone and tighten the bottom to create a perky lifted bottom 90

Cellulite & Stretch Mark Reduction & Skin Tightening - Dramatically reduce cellulite from the first treatment. Burn calories. Tighten skin. Tone & reduce fat & convert white fat into brown to burn calories. 90

Hair & Scalp Treatment - to awaken dormant hair follicles for rapid hair growth. Strengthens from the roots and improves condition and elasticity whilst reducing greasiness and removing dandruff. 45

Our medically led consultation based weight loss program is a newly licensed pen for maximum weight loss mimicking the GLP-1 hormones which regulate appetite for the body.

Helping to keep you feeling full for longer and slowing the stomach emptying process, calorie intake is massively reduced, resulting in rapid guaranteed weight loss.

Here at Life of Luxe we are passionate about getting you healthy again, so our professional team including fitness experts, nutritional therapists and our GMC registered Dr.

We will undertake a thorough consultation to determine your suitability to start our program.

FDA Approved

Prices start from £125.

Terms and conditions apply.

Full consultation is necessary to determine which program is more suitable for you.

Packages

Total Indulgence £110 – £120 2hrs

Combine our the healing of our Quartz Spa Facial with the Quartz Spa Crystal Massage for a totally indulgent, relaxing and healing experience.

Best Of Both £60 – £70 1hr

Can't choose just one lovely Quartz spa treats? Enjoy an hour combing both a quartz spa facial and a crystal massage, for the perfect combination.

Mummy and Child £35 1hr

A treat and special time with that little girl (or son!) in your life! Enjoy a Manicure for mum (45mins) and Mini-cure for daughter, with cake to share!

Fabulous Friends! £7 each.

Create your own package of your favourite treats and add drinks and cake to top it off! Sometimes fitting everything into life can be a bit of a juggle (a bit??????? we hear you cry!) so why not come with your friends for and combine pampering and with catching up? (Sorry we can't cater for allergies or specific requirements, but try our best to source your favourite cake).

Parties

Create your own bespoke package for a party and add Fabulous Friends tea and cake or contact the manager for details of our little girls parties.

Weekly Promotions

Mummy Mondays

One free Quick Trim Cut with your hair cut, beauty or Spa service. (A quick trim cut is a 'proper' cut on a primary school age child, but no restyle, wash or blow dry).

Treatment Tuesday

50% off all conditioning hair treatments.
30% off Coco Chocco smoothing treatment.

Tanning Tuesday

£15 for a stunning Skinny Tan

Colour Club Wednesday

1/2 price colour with cut and finish with the same stylist.

NHS / Police / Fire Service / Armed Services

10% off to all our amazing support services

Reward Schemes

Refer a Friend £20

We are always so grateful for our guests recommending us, that we wanted to give a big reward! So when you recommend us, you get £20 off your next service and your friend gets £20 off their first visit, and there is no limit to the number of times you can recommend us!

Make sure you pick up your refer a friend card!

New Client Pack

After your first visit we would love to reward you with our exclusive New Client Pack which offers rewards on your next 3 visits plus discounts on services and products.

Services Discount 10%

We are proud to offer any employees of the NHS, Fire Service, Police, Ambulance or Armed Forces a 10% discount ,on all services any day of the week.

Courses

Buying your sessions in blocks is definitely encouraged and rewarded.

10% off all products bought during the duration of the course.

6 for the price of 5: Hair Cuts, Electrical Facials, Swedish Massages, Olaplex hair treatment, IBX nail treatment or Electrolysis Sessions and receive your 6th free (a 17% discount).

Blow Dries - available in 10 for the price of 9 or 20 for the price of 17

Product Promotions

Buy 3 Wella System Professional and enjoy a free hair treatment.

Trying New Products:

We like to offer promotions that reward you for purchasing with your services and also reduce the feeling of risk when trying new products. These are both redeemable against 2/more product purchases on the day:

- 25min Discovery facial is available for £35
- 30min Discovery makeup consultations is available for £20

General Notes

Spontaneous: Do keep in touch with us on Facebook to keep up to date with spontaneous offers:
<https://www.facebook.com/LifeOfLuxeSalonAndSpa/>

Free: Parking, Beverage, Wifi, and borrow a Phone Charger with every purchase/visit.

December: During December the Colour Club and Treatcard services will not be available.

Combinations of promotions: Only one promotion can be used at a time on a single service.

How to Earn Your Points

Our fabulous loyalty cards are automatically updated when ever you buy a product or enjoy a service if you have given us your email address. Get extra points for recommending us and rebooking on the day.

Use them to try services or products that you haven't tried yet as your reward for being loyal to us.

Please note, our system does treat these appointments like normal services, so if please cancel in time, so that you don't lose them.

Products

All

Jane Iredale - Scrub & Butter - this gorgeous lip balm and sugar scrub is perfect for the winter months	279
Jane Iredale - BB Cream - our full coverage foundation to heal your skin while you wear it	559
Environ - Revival Mask - a facial in a box to turn back the years	810
Crystal Clear - Facial in a box - pick from our anti-ageing, problem solving or brightening options	130
Quartz Spa Candle - A beautiful aromatherapy candle, lovely as a treat or present	420
System Professional - Luxe Oil - light weight elixir giving shine & moisture	238

Hair Services

Cut & Finish - Not tried our hairdressers yet - go on, you know it's time!	860
Orbe The Glaze - Enhances your hair's vibrancy by adding complete gloss from root to tip	105
SP - Express Deluxe - lasts up to 5 washes	85

Beauty/Spa Services

Classic Lashes - Gorgeous semi-permanent lashes	840
Henna Brows - natural and long lasting alternative to brow shape and tint	448
Quick & Fresh makeup - a quick 10min base and lip gloss, ideal after a facial or massage	140
Skinny Tan - long lasting spray tan that doesn't smell or rub off on your clothes	350
Full Pedicure - relaxing in the massage chairs for a full pedicure with hard skin removal, scrub and paint	490

Spa Services

Microdermabrasion Classic Facial - once you try microdermabrasion you never go back	700
Environ Cool Peel - amazing facials to lift the muscles in your face	630
Icon Microcurrent Refine & Lift - amazing facials to lift the muscles in your face	630
Crystal Clear Prescription Hands on Facial - for those who love an effective facial without the machines	560
Quartz Spa Back Realign & Balance - Beautiful back, neck and shoulder massage	700
Far Infrared Cocoon - pop your shoes off for 30mins of relaxing & energising heaven	350
Cryotherapy Pain Relief - Fast pain relief using cryostimulation	760
Fabulous Friends - Drinks and cake in the Luxe Lounge	98

Our Ethos

Life of Luxe is a big salon with every service you could need conveniently under one roof, with a small salon welcoming feel. Perfect for those guests with plenty of salon experience, or the newer guests who might have felt intimidated in the past.

Our key values are:

- **Likeability** - Of our team and a relaxing atmosphere is key to the enjoyment of our guests. We are always working to improve their experience by supporting and training our team, who we select very carefully.
- **Luxury** - We believe that everyone deserves a little luxury and the personal touch, whether you are visiting us for just 30 mins once in a while, or every week for several hours.
- **Lift** - We aim to create ripples of joy and inner confidence spreading from your visit to your friends and family and out into the world at large.

We are very aware of the potential footprint of a salon and spa and are constantly looking at ways of improving this to become more eco friendly. But we are also aware of the results that our guests need, so we are constantly searching for different products, services and ways to improve our procedures.

Cancellations & Booking Fees

To ensure our availability and flexibility for our guests we have a booking fee and cancellation policy. Cancelling the day before incurs a 50% charge & on the day a 100% unless rescheduled. Non-refundable booking fees are required for large/double bookings, or after 3 previous short notice cancellations. Thank you for helping us with this.

Privacy & Data Security

We will take your the storage and protection of your information very seriously at Life of Luxe. Our computer system is fully GDPR compliant and we have internal procedures to protect any paper records.

When you give us your email address and mobile number, you can opt in or out of receiving information newsletters (once per month) and SMS's (we hardly ever use this technique, due to the potential intrusion). Please do let us know if you would like to change your preferences.

For a full description of our policy, please see our website.